SUGGESTED CARE PACKAGE ITEMS

CANDY

Candy, heat resistant, individually wrapped
Fruit Breezes (throat drops)
Twizzlers

CORRESPONDENCE

Writing Paper and Envelopes
Pens/Pencils

DENTAL CARE

Dental Floss
Mouthwash, Travel Size
Toothbrushes, Individually Wrapped
Toothpaste, Individually Wrapped

DRINKS

Coffee, Instant, Small Packages
Coffee Creamer, Individual Packets
Gatorade, Small Packages
Pre-Sweetened Drink Mixes, Individual
Tea Mixes, Bags, Individual
Hot Cocoa Mixes

FOOD

Crackers, Peanut Butter, Cheese, Saltines
Pop Tarts
Canned Fruit, Pull Tab Tops
Cereal, Individual Serving
Instant Oatmeal
Energy Bars / Granola Bars/Breakfast Bars
Sugar, Salt, Pepper, Individual Packets
Cookies, Small Boxes or Individually Wrapped
Microwavable Popcorn
Chewing Gum
Ramen Noodles / Soups
Canned Meats – Tuna, Vienna Sausage, Potted Meat, etc., Pull Tab Tops
Ravioli, Stew, Individual, Pull Tab Tops
Condiments (Ketchup, Mustard, Mayo)
Peanut Butter, Small Sizes or Individual
Beef Jerky

GAMES / PRINTED MATERIAL

Board Games
Checkers, Yahtzee, Chess, etc., Travel Size
Books (Novels, Short Stories, Westerns)
Magazines
Newspapers, Local
Cards and Pictures from Children
Playing Cards
Puzzle Books / Jigsaw Puzzles, Small
Frisbees
Small Toys

PERSONAL HYGIENE/TOILIETRIES

Baby Wipes
Nose Spray (Non Aerosol)
Cold Water Wash (Woolite)
Eye Drops
Deodorant
Foot Powder
Feminine Hygiene Products
Hairbrushes/combs
Hand / Body Lotion
Chapstick / Lip Moisturizers
Q-Tips
Shaving Brushes, Natural Boar Bristle
Shampoo / Conditioner, Travel Size
Razors, Disposable
Shaving Cream, Non Aerosol
Sunscreen, Non Aerosol
Tissue Packets
Toilet Paper
Bath Soap

OTHER

Plastic Spoons, Forks, Knives
American Flags, Small
Baggies - Sandwich, Quart, Gallon
Batteries, AA, AAA, D, C
Flashlights, mini, with batteries and extra bulbs
Fans (Small battery operated with lots of batteries)
Fly Strips
Fly Swatters
Socks, Cushioned
Hand and Foot Warmers
Sweatbands, or Panty liners for Helmets
100% Wool Black Stocking Caps
Insect Spray, Non Aerosol
Super Glue
Duct Tape
Sunglasses, Shatter-Proof, Black, No Name Brand
Shoe Insole Cushions
Nail Clippers
Shaving Brush, Natural Boar Bristle
1” and 2” Paint Brushes
Small Unbreakable Holiday Decorations
International Phone Cards
Small sewing kits
Small First Aid Kits / Band-Aids

MUSIC

CD Fanny Packs
CD’s / DVD’s
Tapes
Harmonicas